GOVERNMENT OF INDIA
AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA

UNSTARRED QUESTION NO:2096
ANSWERED ON:29.07.2016
Yoga for Cancer Patients
Udhayakumar Shri M.

Will the Minister of AYURVEDA,YOGA & NATUROPATHY,UNANI,SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA,YOGA AND NATUROPATHY, UNANI,SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) whether the Government is considering to validate the application of Yoga in improving quality of life in cancer patients;

(b) if so, the details thereof;

(c) whether the Government is also considering research proposals from many cancer institutes for the same;

(d) if so, the details of the proposals received from such institutions in this regard; and

(e) the response of the Government thereon?

Answer

ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)
(a) & (b): The Central Council for Research in Yoga and Naturopathy (CCRYN), an autonomous organization under Ministry of AYUSH had considered and taken up two research projects in collaboration with Swami Vivekananda Yoga Research Foundation, Bangalore on application of Yoga in improving quality of life in cancer patients. The details of the projects and its findings are as under:

(i) Integrated approach of Yoga Therapy in the Management of cancer: The study showed better coping response; decreased distress, reduced side effects; increased natural killer cell counts, increased pain threshold etc..
(ii) Effect of integrated approach of yoga therapy for metastatic breast cancer patients and study of DNA repair mechanisms relevant to cancer: The study showed significant decrease in anxiety, depression, perceived stress, pain, insomnia fatigue. It also showed improvement in natural cell killer counts and early morning cortisol level.

(c): Ministry of AYUSH has invited project proposals from both public and private research institutes under its Extra Mural Research(EMR) scheme for specific diseases including Cancer.

(d) &(e): Five research project proposals on cancer have been received from as many institutes. Preliminary evaluation of the project proposals have been initiated.
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